

# Alunelul

Sources; *Traditional Romanian*

This is a traditional children's dance, translated as "Little Hazelnut". The stamps in the dance are when the children "crack the nuts!"

**CD reference;** (Currently on week 2 Study CD, Teacher's Training. Other sources are available)

**Formation;** V hold. Circle or open circle (Also can be danced in short lines)

**Style;** Fast, Earthy; smallish tight steps; Light-hearted.

**Rhythm;** 4/4

$$\left[ \begin{array}{c|c|c} \xrightarrow{A} & \xrightarrow{A} & \xleftarrow{A} \\ \hline R & L & L \\ \hline s & \text{tog} & s \\ \hline \end{array} \left| \begin{array}{c|c|c} \xrightarrow{A} & \xrightarrow{A} & \xrightarrow{A} \\ \hline R & L & L \\ \hline \text{side} & \text{st.} & \text{st.} \\ \hline \end{array} \right| \begin{array}{c|c|c|c} \xleftarrow{A} & \xleftarrow{A} & \xleftarrow{A} & \xleftarrow{A} \\ \hline L & R & L & R \\ \hline s & \text{tog} & s & \text{tog} \\ \hline \end{array} \left| \begin{array}{c|c|c} \xleftarrow{A} & \xleftarrow{A} & \xleftarrow{A} \\ \hline L & R & R \\ \hline s & \text{st.} & \text{st.} \\ \hline \end{array} \right. \right] \text{PART A} \times 2$$

$$\left[ \begin{array}{c|c} \xrightarrow{A} & \xleftarrow{A} \\ \hline R & L \\ \hline s & \text{tog} \\ \hline \end{array} \left| \begin{array}{c|c} \xrightarrow{A} & \xrightarrow{A} \\ \hline R & L \\ \hline s & \text{st.} \\ \hline \end{array} \right. \right] \text{PART B} \times 2$$

$$\left[ \begin{array}{c|c|c|c|c} \xrightarrow{A} & \xleftarrow{A} & \xrightarrow{A} & \xleftarrow{A} & \xrightarrow{A} \\ \hline R & L & L & R & L \\ \hline s & \text{st.} & s & \text{st.} & s \\ \hline \end{array} \left| \begin{array}{c|c|c} \xrightarrow{A} & \xrightarrow{A} & \xrightarrow{A} \\ \hline R & L & L \\ \hline s & \text{st.} & \text{st.} \\ \hline \end{array} \right| \begin{array}{c|c|c} \xleftarrow{A} & \xrightarrow{A} & \xleftarrow{A} \\ \hline L & R & R \\ \hline s & \text{st.} & s \\ \hline \end{array} \left| \begin{array}{c|c|c} \xleftarrow{A} & \xrightarrow{A} & \xleftarrow{A} \\ \hline L & R & R \\ \hline s & \text{st.} & \text{st.} \\ \hline \end{array} \right. \right] \text{PART C}$$

Variation for part A only;  $\times 2$

$$\left[ \begin{array}{c|c|c|c|c} \xrightarrow{A} & \xrightarrow{A} & \xrightarrow{A} & \xrightarrow{A} & \xleftarrow{A} \\ \hline R & L & R & L & L \\ \hline \text{hl.s} & \text{xb} & \text{hl.s} & \text{xb} & \text{hl.s} \\ \hline \end{array} \left| \begin{array}{c|c|c} \xrightarrow{A} & \xrightarrow{A} & \xrightarrow{A} \\ \hline R & L & L \\ \hline \text{hl.s} & \text{br} & \text{st.} \\ \hline \end{array} \right| \begin{array}{c|c|c|c} \xleftarrow{A} & \xleftarrow{A} & \xleftarrow{A} & \xleftarrow{A} \\ \hline L & R & L & R \\ \hline \text{hl.s} & \text{xb} & \text{hl.s} & \text{xb} \\ \hline \end{array} \left| \begin{array}{c|c|c} \xleftarrow{A} & \xleftarrow{A} & \xleftarrow{A} \\ \hline L & R & R \\ \hline \text{hl.s} & \text{br} & \text{st.} \\ \hline \end{array} \right. \right]$$

**Key;**  
 s = side  
 tog = together  
 st = stamp  
 hl.s = heel side  
 br = brush  
 xb = cross behind