

# King of the Fairies

Created by Bernhard Wosien to a traditional Irish air, this dance represents the four elements and symbolises our oneness and cooperation with nature. We imagine we are walking around a lake with swans swimming. In turn we become the four elements: we dance the waves on the lake, the trees and earth, the swans flying and the wind, and the sun rising. Finally we are a feather from one of the flying swans, gently floating down to earth.

Circle dance. 'V' hands.  
Dancing round a lake with swans swimming on it.

→  
1)  $\frac{R}{f} \quad \frac{L}{f} \quad \frac{R}{f} \quad \frac{L}{f} \quad \times 4$

Earth and human element.

↑ ↓  
2)  $\frac{R}{f} \quad \frac{L}{f} \quad \frac{L}{\text{bend knee}} \quad \frac{R}{b} \quad \frac{L}{b} \quad \frac{L}{\text{bend knee}} \quad \times 4$

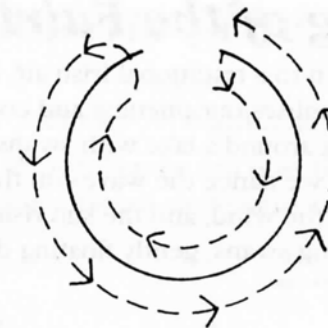
Water. Waves on lake shore.

With children I usually take 4 steps in and 4 steps out. Repeat x2

□ ▶  
3)  $\frac{R}{s} \quad \frac{L}{xf} \quad \frac{R}{s} \quad \frac{L}{xb} \quad \times 4$

Earth and trees.

With children I say we are going to look for the fairies in the woods. Again I take 4 steps forward and 4 steps backward rather than 2 and 2 as written



4) Leader drops R hand and makes this figure with everyone following. The last two people form an arch for the group to go under. The figure is for 32 fast steps. Repeat once if the group is small enough.

Air element

↑ ↓  
5)  $\frac{R}{f} \quad \frac{L}{f} \quad \frac{R}{f} \quad \frac{R}{h} \quad \frac{L}{b} \quad \frac{R}{b} \quad \frac{L}{b} \quad \frac{L}{h} \quad \times 4$   
clap clap

Fire. Salute the sun: raise and lower arms as you dance forwards and backwards.

2) should be fwd R L bend right leg behind left knee  
back RL bend right leg front of left knee